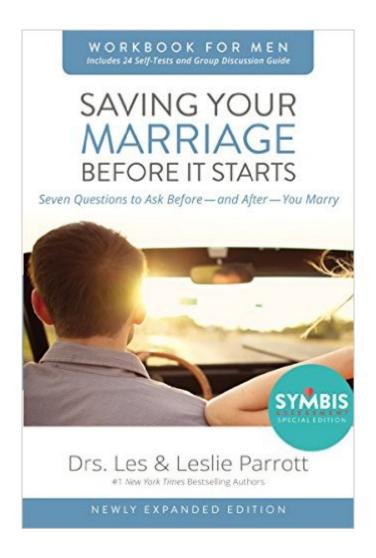
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# Saving Your Marriage Before It Starts Workbook For Men Updated: Seven Questions To Ask Before---and After---You Marry





# **Synopsis**

The Saving Your Marriage Before It Starts Workbook for Men will help you uncover and understand the unique shaping factors you bring into your marriage both as a woman/man and as an individual. Prepare for some surprising and helpful insights, for honest, intimate, and enjoyable relationship-strengthening conversations with you and your fiancé, and for engaging discussions with a small group. EXERCISES AND ASSESSMENTSÂ Â Twenty-four exercises will shed amazing new light on the way you are put together, how that affects specific aspects of how you and your loved one relate, and how you can improve those areas to build a better relationship. You will gain unprecedented insights into â ¢ your personal â œTen Commandmentsâ • â ¢ making your roles conscious â ¢ getting your sex life off to a great start â ¢ identifying your â œhot topicsâ • â ¢ your spiritual journey â | and much, much more DISCUSSION GUIDEÂ Â Les and Leslie will help both of you enjoy lively and eye-opening interaction through seven sessions and bonus sessions on the DVD. For small groups, individual couples, and pastors and marriage counselors, each session links with the workbook exercises and concludes with an exercise each couple can do together over the next week. http://www.symbisassessment.com

## **Book Information**

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### Customer Reviews

My wife and I read a chapter or two from this book maybe once a month. We've owned it for a while, and are still working our way through it. Our different personalities definitely came into play, and on the very first night reading it we learned things about one another that perhaps only time would have taught us.I will say that I don't think it's a self help book that can help you fix your marriage. My wife

and I are reading it from a point where (this may be crazy to some) we actually like each other. We really are best friends, we weren't nervous on our wedding day (yes, we bought the book after we got married), and we are both serious about making our marriage work. We argue with each other still, we disagree, we're not living out some perfection of idealized marriage - but I think we've got one of the strongest marriages of anyone we know. I credit that in part to reading books like this one. You can buy a men's workbook and women's workbook to accompany the actual book, and while it's more money - it's the workbook exercises that make reading this together SO MUCH fun! I was initially upset when we got the workbooks because they are identical except my copy says "your wife" and "her", and her copy says "your husband" and "him". It's also a little extra money, but I'd still encourage you to get them... and to actually get both the husband's and wife's copy. If your marriage isn't worth investing a bit more money into, well, that may be a sign that you haven't yet invested enough and you should spring for a bit more. Plus the workbooks are cheaper than counseling or divorce, so that's good!What kind of stuff will you learn? Well, for example, in my family growing up my sister set the table for dinner.

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